

## **TOPICS FOR DISCUSSIONS BETWEEN MENTORS AND HIGH SCHOOL AGE YOUTH**

1. Time line for after high school – in five, 10, 15, 20, 25 years.
2. Realistic and attainable goals.
3. Examination of personalities and style of functioning.
4. Personal interests – yours and theirs.
5. Financial independence – personal credit cards, budgeting, ATMs and setting up a bank account.
6. Balance time – time management.
7. Get organized – does the youth have a calendar and organizer?
8. People you admire – your heroes.
9. Communication skills.
10. Workplace-readiness skills.
11. Employability indicators – attendance, punctuality, appearance, initiative, maturity, courtesy, attitude, quantity of work, quality of work, flexibility and cooperation.
12. Job opportunities – job shadowing, internships, apprenticeships.
13. Career interest inventory.
14. Job exploration.
15. Mock applications for work and post-secondary education.
16. Applications for financial aid, scholarships and awards.
17. Create a resume.
18. Practice interviewing skills.
19. Exercise and eating right.
20. Personal mission statement.
21. Driver's license.
22. Well-rounded youth – involvement in school clubs, community activities.
23. Review report cards.
24. Appreciate cultural differences.
25. Manners – the code of etiquette (including cell phone and pager).
26. Visit a local college.
27. Design a business card.
28. Advice regarding risky business (alcohol, drugs, sex, cigarette smoking, gang activity, peer pressure).
29. Getting ready for the prom.
30. Summer plans.
31. What are some additional ideas that you have tried and found to be successful?  
List them below and share with other mentors: